

**THE WEEK OF
September 7th, 2009**



**Communion
1 Corinthians 3:11-15**

"...and when He had given thanks, He broke it and said, 'Take, eat; this is My body which is broken for you; do this in remembrance of Me.' In the same manner He also took the cup after supper, saying, 'This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me.'"

I Corinthians 11:24-25

This week we are encouraging you to take communion with the men in your group. Depending on where you are and where you meet there are communion elements (the cracker and the grape juice) that can be purchased at your local Christian bookstore.

Communion is so vital to the life of the Body of Christ. It's a time of recognition, remembrance and celebration. It's a sacrament that is entirely set apart for the believer; he who has been redeemed by the body and blood of Jesus Christ. And it's something we should do often; not only with the men of your bible cafe but also with your own family. Here's some practical items as you prepare to take communion:

-It's an opportunity to confess your sins to the Lord.

-Before each element is taken, read the appropriate passage in 1 Corinthians 11:23-26 and offer up a brief prayer of adoration, thanksgiving and recognition of what the element symbolizes to the believer.

We pray that you will find the taking of communion with your brothers and your family something that you look forward to as often as you do it. God bless you all!

Read the Proverb and the section of Psalm 119 that corresponds with the calendar day *example:*
If it's the 1st day of the month, read Proverbs 1 and Psalm 119:1-8 (Aleph)

This week we consider Hell and the amazing provision God has made for redemption from it.

Mon: The Old: "For it is not possible that the blood of bulls...could take away sins" Hebrews 10:1-18

Tue: The New: "I will put My laws in their mind and write them on their hearts..." Hebrews 8:7-13

Wed: The Sacrifice: "...with His own blood He entered the Most Holy Place..." Hebrews 9:1-15

Thu: The Blood: "...without the shedding of blood there is no remission." Hebrews 9:16-28

Fri: The Body: "...He was wounded for our transgressions..." Isaiah 53

Discussion Questions for Bible Café:

1. What is the new covenant in contrast with the old covenant?
2. Why is communion important?
3. Discuss the significance of Jesus blood being shed and His body being broken?

Prayer Requests of your Bible Café brothers (on back):